

PLEASE NOTE:

WAIT LISTS

If a class reaches the maximum number of participants, we will put you on a wait list and make every effort to either create an additional class or to add an aid to the existing class.

CANCELLATION AND REFUND POLICY

If you cancel your class prior to the first scheduled day, you will receive a credit for another class in another session. If the WARF cancels a class due to low enrollment and we cannot place you in another suitable class, you will receive a credit to another class in another session. If you are not able to participate in another session, please fill out a refund request form to be reviewed by management staff. Please allow 6-8 weeks for a check refund. If you cancel your class prior to the first day of your scheduled class you will receive a refund minus a \$10.00 cancellation fee.

CLASS MINIMUM REQUIREMENTS

All classes must meet the minimum number of participants requirement. If your class selection does not meet that requirement, you will be notified by phone or email prior to the scheduled start date. All classes that do not have the minimum number of participants will a) be combined with another similar class to meet the minimum requirements or b) be cancelled. If you have indicated on your registration form a second choice of class, we will move your child to that class and notify you of the change.

CLASS MAKE-UPS

You may only attend classes for which you are registered. No make-ups are allowed in other classes. If the WARF cancels a class, every effort will be made to provide a make-up class.

RETURNED CHECK FEE

Returned checks will result in a \$25 service fee. This fee will be payable by cash only. The WARF cannot re-deposit returned checks.



800 Waterloo Road
Warrenton, VA
540.349.2520
www.warrentonva.gov

warrenton aquatic &
recreation facility

Spring 2011 specialty aquatics classes



Lifeguard Classes
WSI Classes
Recert Classes
Summer Prep

Register now!
Space is Limited!

Registration for Specialty Classes

Registration opens for Specialty Classes:
February 1 for members
February 3 for non-members

Registration close dates are indicated by
each class.

Summer Prep

The WARF's Summer Prep Program is designed to help swimmers with past swim team experience prepare for upcoming summer swim seasons. Participants will work on stroke improvement, mechanics, turns, endurance and more!

TSP11 Tue/Thu 5:00 - 5:50 pm ages 6-9

TSP12 Tue/Thu 5:50 - 6:40 pm ages 10-12

TSP13 Tue/Thu 6:40 - 7:30 pm ages 13-18

dates: March 22 - May 26
(no classes April 19 & 21)

cost: \$180

Lifeguard Classes

REGISTER FOR MARCH CLASS BY MARCH 8

MARCH CLASS	MARPR	Mar 18	3:30 - 5:00 pm
			→ prerequisite swim*
	MARLG	Mar 18	5:00 - 9:00 pm
		Mar 19	9:00 - 5:00 pm
		Mar 20	9:00 - 5:00 pm
		Mar 25	4:00 - 9:00 pm
		Mar 26	9:00 - 5:00 pm

REGISTER FOR APRIL CLASS BY APRIL 12

APRIL CLASS	APRPR	Apr 18	9:00 - 10:00 am
			→ prerequisite swim*
	APRLG	Apr 18	10:00 - 5:00 pm
		Apr 19	9:00 - 5:00 pm
		Apr 20	9:00 - 5:00 pm
		Apr 21	9:00 - 5:00 pm
		Apr 22	9:00 - 12:00 pm

REGISTER FOR MAY CLASS BY APRIL 26

MAY CLASS	MAYPR	Apr 29	3:30 - 5:00 pm
			→ prerequisite swim*
	MAYLG	Apr 29	5:00 - 9:00 pm
		Apr 30	9:00 - 5:00 pm
		May 1	9:00 - 5:00 pm
		May 6	4:00 - 9:00 pm
		May 7	9:00 - 5:00 pm

REGISTER FOR JUNE CLASS BY JUNE 7

JUNE CLASS	JUNPR	June 20	9:00 - 10:00 am
			→ prerequisite swim*
	JUNLG	June 20	10:00 - 5:00 pm
		June 21	9:00 - 5:00 pm
		June 22	9:00 - 5:00 pm
		June 23	9:00 - 5:00 pm
		June 24	9:00 - 12:00 pm

cost: \$200 (\$50 due when signing up for prerequisite swim)

age requirement: must be 15 by end of class.

*Must complete and pass prerequisite swim BEFORE enrolling in Lifeguard class. (Participants must sign up for the prerequisite swim, at no cost. If participant passes the prerequisite swim, they can then enroll and pay for Lifeguard class.)

PREREQUISITE SWIM: 300 yd continuous swim: 100 yds front crawl, 100 yds breaststroke, 100 yds either of these two. Timed swim w/ brick (1 min 40 sec): swim 20 yds, retrieve 10 lb brick from depth of 7-11 ft and swim with brick for 20 yds.

WSI Class

Become a Red Cross Certified WSI (Water Safety Instructor) and be able to teach water safety, including Water Rescue courses, six levels of Learn to Swim classes and Parent and Child Aquatics. American Red Cross Instructors are in demand throughout the country and certification is recognized nationwide.

AWSIPT	Apr 8	7:00 - 9:00 pm
		→ pretest swim
APRWSI	Apr 9	8:00 am - 6:00 pm
	Apr 10	9:00 am - 6:00 pm
	Apr 16	8:00 am - 6:00 pm
	Apr 17	9:00 am - 6:00 pm

cost: class: \$200 books: \$50

(\$50 due when signing up for pretest swim)

age requirement: must be 16 by end of class.

register by: March 29

PRETEST SWIM: Front crawl - 25 yards, back crawl - 25 yards, breaststroke - 25 yards, elementary backstroke - 25 yards, sidestroke - 25 yards, sidestroke - 25 yards, butterfly - 15 yards, maintain position on back for 1 minute in deep water (floating or sculling) and tread water for 1 minute.

CPR/AED for Lifeguards Recertification

Register by

MARCPR1	Mar 2	4:00 - 9:00 pm	Feb 22
APRCPR1	Apr 6	4:00 - 9:00 pm	Mar 29
APRCPR2	Apr 26	4:00 - 9:00 pm	Apr 19
MAYCPR1	May 10	4:00 - 9:00 pm	May 3
MAYCPR2	May 26	4:00 - 9:00 pm	May 17
JUNCPR1	Jun 7	4:00 - 9:00 pm	May 31

cost: \$58.00